

## GOALS - Lay Talk - First Day

THIS TALK SHOULD BE NO LONGER THAN 15 MINUTES! CORE IDEAS:

- We make choices
- We need to determine our life goal
- We can reach our life goal

LORD'S PRAYER

### I. INTRODUCTION

- A. Speaker introduces self
- B. Speaker gives title of talk

C. Remind to take notes

### II. GOALS ARE A PART OF OUR LIFE

A. We are always making choices and the choices we make determine our future. Goals, just like our future, can be changed.

B. Everybody has a goal. We may or may not be aware of it.

C. Briefly define Goals. (A Goal is a dream with a deadline. A point toward which we are progressing. A line or place at which something is ended.)

### III. WHAT IS OUR LIFE GOAL?

#### A. CHARACTERISTICS OF OUR LIFE GOAL OR DREAM

1. It is a combination of one's dreams, hopes, desires, plans, and ideas.
2. It should be a goal set high enough to demand the best in us.
3. It should be a goal we can reach.
4. It should give our lives lasting purpose and meaning.

#### B. DETERMINING OUR GOAL

1. We must ask ourselves, What is my life goal? Have you ever thought about it?

2. What is your dream? You can achieve it! (Personal witness)

3. It's not always easy. Sometimes things get in the way of our goals. (Personal witness)

IV. BARRIERS TO GOALS (Cite examples from speaker's life)

- A. Impatience
- B. Poor priorities - Wrong decisions
- C. Discouragement from other people
- D. Fear (especially of failure) - Not succeeding does not mean failing.

V. HOW TO REACH YOUR GOAL

A. Start wherever you are and point toward where you want to go - Don't look at the past.

B. Keep reviewing what's important to you. Ask yourself two key questions each day:

1 . What can I do today that could keep me from reaching my goal?

And don't do it!

2. What can I do today to help me reach my goal? AND DO IT!

C . Never, Never, Never give up!

Place puzzle piece in the puzzle at the end of the talk.

(Note to the Speaker: This talk should cause the Stars to think about goals and priorities. It is important for your personal story to be a major part of this talk. Other than leading the group in the Lord's Prayer, no other mention of God or Jesus should be made by the speaker. This is a motivational talk!)